



MEMO

TO: Families and residents

From: Tina O'Malley RN, ICC

Date: September 13, 2024

Respiratory Outbreak at Valley Manor LTC

Public Health has declared a respiratory outbreak as of late yesterday, September 12, 2024, which is laboratory confirmed as parainfluenza. Cases are in Zone 2 and 3 (rooms 1-16 and 17-32).

HPIVs (Human Parainfluenza Viruses) commonly cause upper and lower respiratory illnesses in infants, young children, older adults, and people with weakened immune systems, but anyone can get infected. Symptoms generally appear 2 to 6 days after infection. Signs and symptoms are similar to the common cold.

Additional measures will be initiated:

- ✓ Please be diligent in following good hand hygiene practices.
- ✓ The home will be closed to general visitors.
- ✓ At this time, **only Essential Caregivers will be able to visit**. Those visiting ill residents are to wear PPE (gown, mask, eye protection and gloves).
- ✓ Activities will be limited to small groups. Virtual visits by electronic means may be scheduled through the Activities department by calling extension 225.

If you have any further questions, please contact us.

Tina O'Malley RN, ICC