



MEMO

TO: Families and residents

From: Tina O'Malley RN, ICC

Date: January 3, 2023

COVID- 19 Outbreak at Valley Manor LTC

The outbreak at Valley Manor has been declared over by Public Health today! What a wonderful New Year's gift.

I am extremely proud of our staff and the residents for maintaining our Infection Control practices. We were able to end an outbreak which contained two viruses, COVID-19 and Influenza A, in just 3 weeks. We were also able to contain the COVID-19 outbreak to just one zone and the Influenza outbreak was very limited in the other two zones as well.

The following policies will remain in place:

- ✓ Daily rapid antigen testing will be required for visitors until further notice. There remains a large number of COVID-19 cases in the community as well as a number of other viruses.
- ✓ Resident activities will continue to be provided by zone for the near future.

Clarification for some other policies:

- ✓ Eye protection is no longer required unless a resident is ill and isolating. All staff and visitors will still require a regular procedure mask in all common areas. If a resident has a private room or the roommate is not present, the mask may be removed while in the room and the roommate is not present.
- ✓ General visits may resume. Please allow approximately 20 minutes for test result which is required prior to entry.
- ✓ All visitors must be fully vaccinated. Essential caregivers and support workers also require a booster dose. Children under 5 years of age are not required to be vaccinated.
- ✓ Valley Manor recommends that all residents, staff, students, volunteers and visitors stay up to date with COVID-19 vaccines. Up to date means a person has received all recommended COVID-19 vaccine doses, including any booster dose(s) when eligible.
- ✓ Residents may resume social absences. Please maintain recommended infection control practices such as hand washing, wearing of a mask and social distancing for large groups and keep a log of contacts the resident has had while out.
- ✓ New admissions will resume.

If you have any further questions, please contact us.

Tina O'Malley RN, ICC