



## **MEMO**

**TO:** Families and residents

**From:** Tina O'Malley RN, ICC

**Date:** July 18, 2022

### **COVID- 19 Update at Valley Manor LTC**

Public Health has confirmed a COVID-19 outbreak at Valley Manor as of July 18, 2022.

- ✓ Residents have all been tested by Rapid Antigen Test to ensure no asymptomatic cases are missed. Any positive results are followed up by a PCR test for confirmation. In our experience however, the Rapid Tests have been very accurate.
- ✓ At this time, only one (1) Essential Caregiver at a time will be able to visit. No General visitors will be allowed for the duration of the outbreak.
- ✓ All Essential Caregivers will be required to perform a Rapid Antigen Test each day of visiting during the outbreak.
- ✓ All Essential Caregivers visiting residents who are on isolation will be asked to don PPE at the entrance to ensure adherence to Additional Precautions. Please ensure this PPE is removed when leaving the resident's room, hands are sanitized and a clean mask is donned.
- ✓ Eye protection as well as masking will be required during the outbreak and will be provided by the screener.
- ✓ All visits are to take place in the resident's room. The courtyard has been closed to visitors and staff at this time due to the requirement to cohort (keep each zone separate).
- ✓ Restorative Care programs will continue on a one-on-one basis, either in the Physio office if a zone is not crossed, or in the resident's room. All equipment will be cleaned between residents.
- ✓ All residents will be receiving meal trays in their rooms to limit exposures.
- ✓ Activities will be limited to in-room one-on-one visits. Virtual visits by electronic means may be scheduled through the Activities department by calling extension 225.
- ✓ Infection Control and Prevention policies are being followed to limit the spread and all staff have been updated on the outbreak and control measures in place.

- ✓ Visits to palliative/ill residents by general visitors or unvaccinated visitors will be on a case-by-case basis based on the assessment by the Nurse in Charge. One visitor at a time will remain in effect during the outbreak. Unvaccinated visitors/or if the resident is isolating will require the wearing of full PPE.

If you have any questions, please call.

Thank-you,

Tina O'Malley RN, ICC