



You are invited to join

# Valley Manor Family Council

All family and friends of Valley Manor residents may attend

**Contact: Joe Whitfield**  
[joe.fern.whitfield@gmail.com](mailto:joe.fern.whitfield@gmail.com)  
or call 613-408-1034

**Where:** On Google Meet by invitation

**When:** 3rd Wednesday of the month

**Time:** 7 p.m.



# Eight reasons to get involved in Family Council:

1. Keeps you informed on what is going on at the facility
2. Gives you input into decisions and changes in the facility that may affect your family member
3. Enables you to identify residents' needs that can be met through an organized effort
4. Gives you an opportunity to voice your concerns and become a more informed and effective advocate
5. Gives you an opportunity to meet other families
6. Gives you support and understanding through shared experiences with other families
7. Provides education through guest speakers and films and the opportunity to learn more about the care environment
8. Gives you an opportunity to use your experience, skills, interests and talents to benefit all residents!

